

Activity Programme

September '19

People First Tameside
Suite 3, St Michael's Court,
St Michael's Square, Stamford Street,
Ashton - under-Lyne OL6 6XN

Tel: 0161 308 3699










LOTTERY FUNDED

September 2019

| | Date & Time | Meeting Point | Details | What do I need? |
|------------------------------------------------------------------------------------|-----------------------------------------------------------|------------------------------------------|----------------------------------------------------|------------------------------------------------------------------|
|  | Sunday 1 st September 12.00 – 10.00pm | The Kitchen, PFT, Ashton | Hanger 42 and Blackpool Illuminations | FULLY BOOKED |
|  | Monday 2 nd September 9.20 – 10.20am | The Kitchen, PFT, Ashton | Mixed Keep Fit Class | £2 wear comfortable clothes |
|  | Monday 2 nd September 6.00 – 10.00pm | Guide Bridge Train Station | Summer Party at Club HQ, Glossop | £5, meet Adrian @ station Not Supported |
|  | Friday 6 th September 1.30 – 3.30pm | New Chapel, Clare St, Denton | Drop In – Macmillan Coffee Afternoon | £5 includes coffee and cake |
|  | Monday 9 th September 9.20 – 10.20am | The Kitchen, PFT, Ashton | Mixed Keep Fit Class | £2 wear comfortable clothes |
|  | Tuesday 10 th September 4.00 – 7.00pm | The Harvester, Ashton Leisure Park | People First Pub Night | Bring at least £10 for Food + Drink Book with Craig |
|  | Thursday 12 th September 10.00 – 12.00pm | Ashton Swimming Baths | Keeping Fit Gym Session | £3.50 with Active Card Book with Craig |
|  | Friday 13 th September 1.30 – 3.30pm | New Chapel, Clare St, Denton | Drop In – Bingo | £1.50 + money for pool/food/drink |
|  | Monday 16 th September 9.20 – 10.20am | The Kitchen, PFT, Ashton | Mixed Keep Fit Class | £2 wear comfortable clothes |
|  | Wednesday 18 th September 1.30 – 3.00pm | People First Office | Learn to use Social Media | Bring your phone, tablet or Laptop Book with Alison |
|  | Thursday 19 th September 1.30 – 2.30pm | Hollywood Bowl, Ashton | Ten Pin Bowling | £3.05 for one game + extra money for food/drink |
|  | Friday 20 th September 1.30 – 3.30pm | New Chapel, Clare St, Denton | Drop In - Make your own toasties | £1.50 + money for pool/food/drink + activity |
|  | Saturday 21 st September 9.30 – 1.30pm | Ashton Tram Station | Droylsden Health Walk | Wear suitable clothing + Footwear Money for food/drink |
|  | Monday 23 rd September 9.20 – 10.20am | The Kitchen, PFT, Ashton | Mixed Keep Fit Class | £2 wear comfortable clothes |

September 2019 Continued

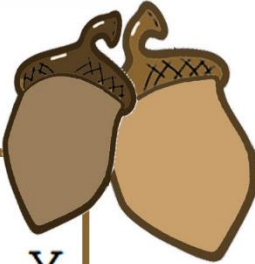
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|------------------------------------------------------------------------------------|--------------------------------------------------------|------------------------------------------|--------------------------------------|-------------------------------------------------------------------|
|  | Tuesday 24 th September 1.30 – 3pm | The Kitchen, PFT, Ashton | Cupcake decorating workshop | £5 for 4 cupcakes and a brew Book with Elesha |
|  | Wednesday 25 th September 1.30 – 3pm | The Kitchen, PFT, Ashton | Macmillan 'Traybake Wednesday' | £3 includes Cake and coffee Book with Jackie |
|  | Thursday 26 th September 1.30 – 3pm | The Kitchen, PFT, Ashton | Macmillan Cream tea | £3 inc. scones, jam & cream and a brew Book with Ali |
|  | Friday 27 th September 10am – 12pm | New Chapel, Clare St, Denton | Shadow Partnership Board | Pen and diary |
|  | Friday 27 th September 1.30 – 3.30pm | New Chapel, Clare St, Denton | Drop In - Autumn Crafts | £1.50 + money for pool/food/drink |
|  | Sunday 29 th September 11.00 – 1.00pm | Ash Tree Farm, Ashton Leisure Park | Sunday Roast | Bring at least £10 for Food + Drink Book with Craig |
|  | Monday 30 th September 9.20 – 10.20am | The Kitchen, PFT, Ashton | Mixed Keep Fit Class | £2 wear comfortable clothes |

Take a Break.....

Autumn



WORD SEARCH



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| T | K | W | Q | U | E | E | F | G | C | N | Y |
| F | B | O | O | T | S | F | A | E | I | D | L |
| H | A | E | A | R | C | I | L | S | K | A | I |
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| O | R | J | X | K | V | S | N | C | G | R | Q |
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SCARF
TREE
ACORN
HAY

APPLE
FALL
PUMPKIN
SWEATER

BOOTS
RAKE
PIE
LEAF